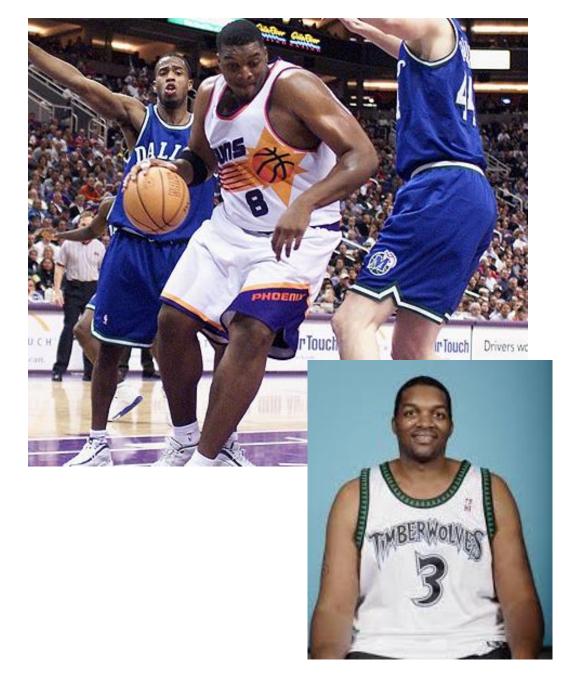
The Church on Purpose:

To Win as Many as Possible?

1 Corinthians 9:19-27



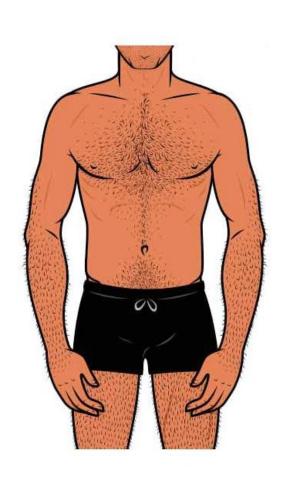








Athletic Build?





Though I am free and belong to no one, I have made myself a slave to everyone, to win as many as possible, 20 To the Jews I became like a Jew, to win the Jews. To those under the law I became like one under the law (though I myself am not under the law), so as to win those under...

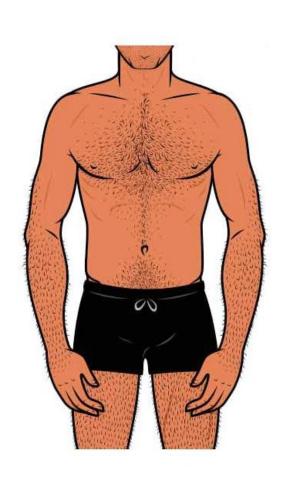
the law. 21 To those not having the law I became like one not having the law (though I am not free from God's law but am under Christ's law), so as to win those not having the law. 22 To the weak I became weak, to win the weak. I have become all things to all people so ...

that by all possible means I might save some. 23 I do all this for the sake of the gospel, that I may share in its blessings. 24 Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. 25 Everyone who competes in the...

games goes into strict training. They do it to get a crown that will not last, but we do it to get a crown that will last forever. 26 Therefore I do not run like someone running aimlessly; I do not fight like a boxer beating ...

the air. 27 No, I strike a blow to my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize.

Athletic Build?





Physical Fitness

Good cardiovascular health: stable heart, good blood pressure, effective blood circulation & endurance (cardiorespiratory) Muscular Strength & Endurance: muscle strength, muscle endurance, muscle tone & definition

Physical Fitness

Flexibility & Mobility: range of motion, mobility

Body Composition: healthy body fat percentage, lean muscle mass

Other: high energy levels, good digestion, strong immune system, clear skin, quick wound healing...

Physical Fitness

stable weight, regular bowel movements, good quality sleep, feeling rested after sleep, strong hair & nails, infrequent illness, and ability to perform daily activities without strain.

1 John 5:2-3

"This is how we know that we love the children of God: by loving God and carrying out his commands. 3 In fact, this is love for God: to keep his commands. And his commands are not burdensome,"

2 John 1:6

"And this is love: that we walk in obedience to his commands. As you have heard from the beginning, his command is that you walk in love."

Matthew 7:24-27

"Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock, 25 The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation ...

Matthew 7:24-27

on the rock. 26 But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. 27 The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash."

Matthew 7:24-27

"Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. 25 The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation ...

Though I am free and belong to no one, I have made myself a slave to everyone, to win as many as possible. 20 To the Jews I became like a Jew, to win the Jews. To those under the law I became like one under the law (though I myself am not under the law), so as to win those under...