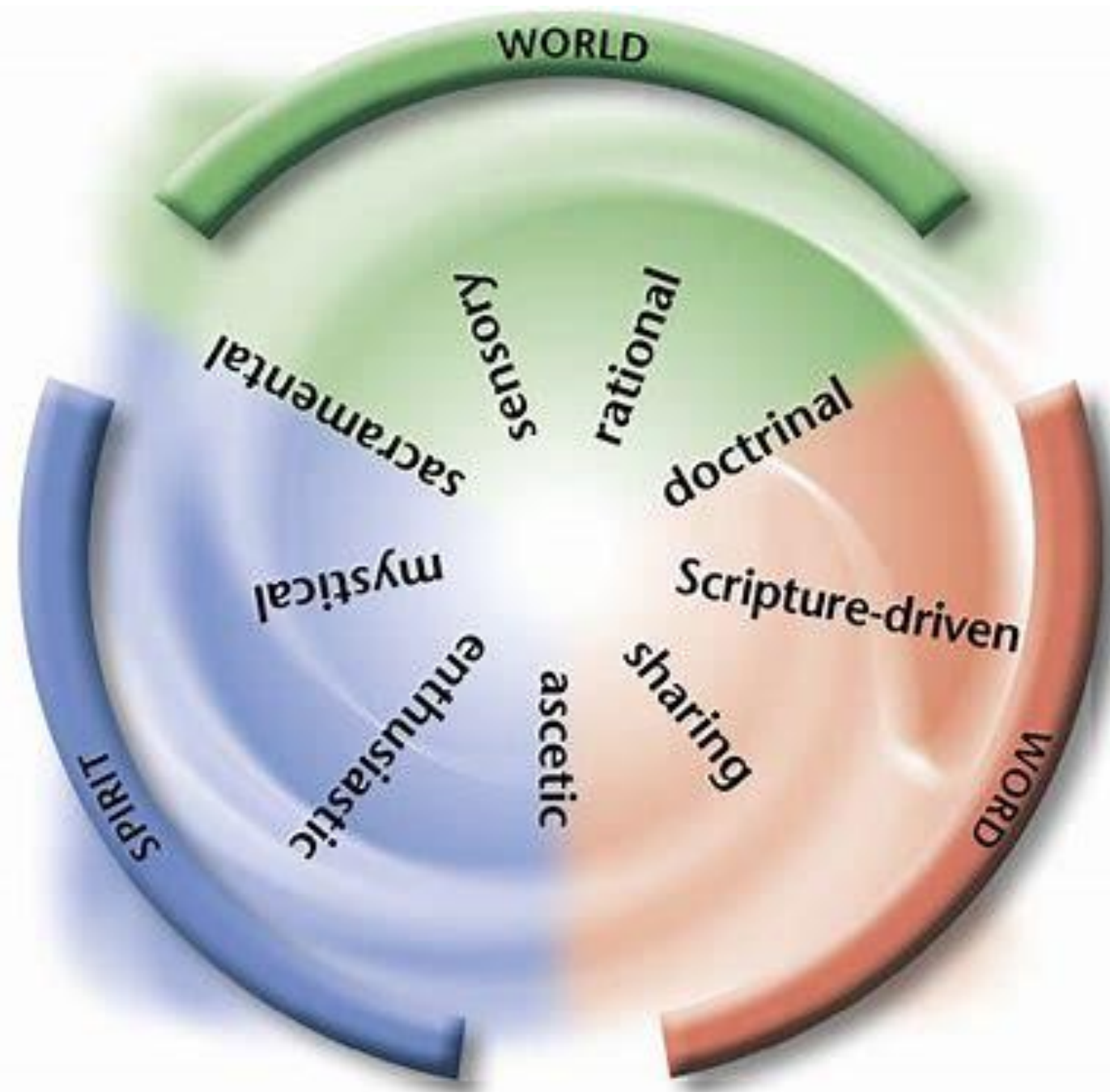




The God We Worship  
Our spiritual mother tongue



# **Ascetic**

**the practice of severe self-discipline and abstention from all forms of indulgence, typically for religious reasons.**



# Ascetic

- It is not giving up something for a time period (Lent)
- It is not giving up something that is bad for you.
- Rather it is giving up something to make room for The Holy Spirit.

# Matthew 3



# **Benefits of Ascetic**

**Disciple can help reduce yourself  
interest.**

**Make room for God's work in you.**

**John 3:30**



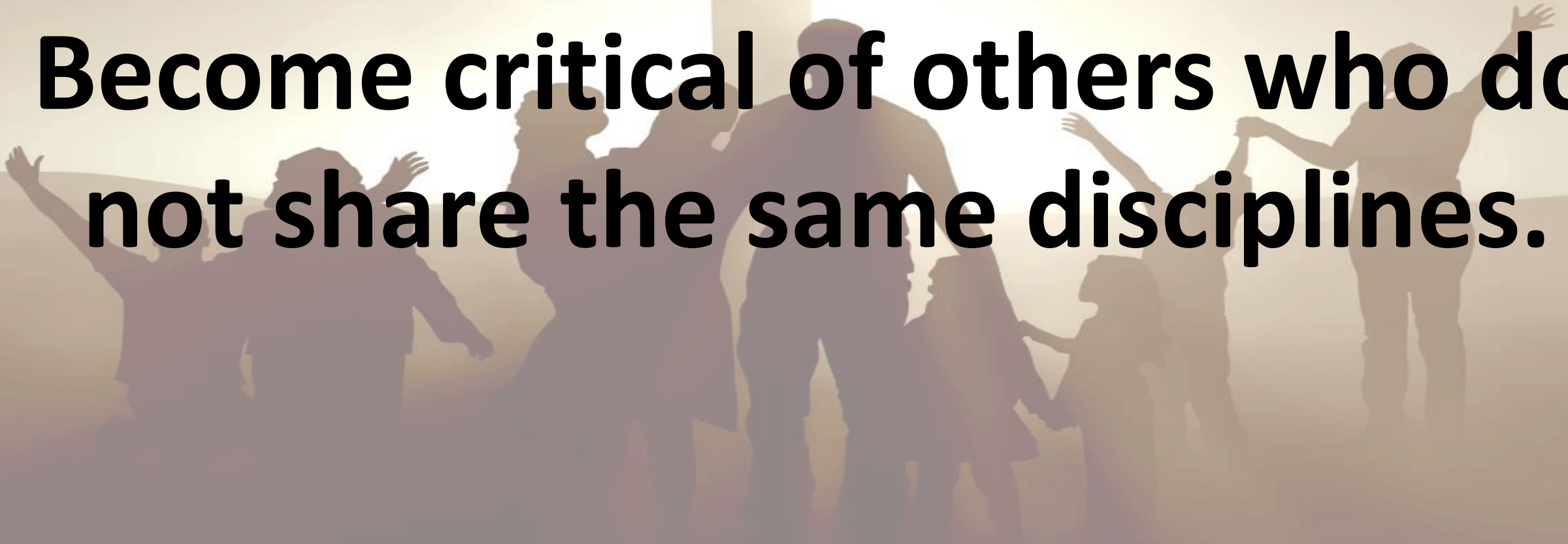
# **Ascetic issues**

## **See the world as evil**

**So distance themselves from the  
world that they have no credibility  
with those around them**

# **Ascetic issues**

**Become critical of others who do not share the same disciplines.**







**What is God asking you to give up to  
make room for the Holy Spirit?**

